

## Mother Friendly Worksite Policy

The County of Webb recognizes that breastfeeding is a protective, natural and essential form of feeding for infants. Therefore, in accordance with the recommendations of the Surgeon General of the United States, and the Texas Department of State Health Services, the County of Webb supports and encourages mothers who wish to continue breastfeeding when they return to work with a county-wide lactation support program. County Departments shall provide a reasonable amount of break time to express milk up to 1 year after the child's birth each time such employee has need to express the milk.

## A. Employee Responsibilities

- 1. Employees must communicate their need to management and prearrange agreeable times for breaks for expression of milk during work hours.
- 2. Employees should use designated lactation areas.
- 3. Employees will bring their own pumping supplies, provide their own containers and clearly label the milk stored in the refrigerator with name, date and time.
- 4. Employees will be responsible for taking their pumping supplies with them after use and cleaning their own supplies

## B. Supervisor Responsibilities

- 1. Supervisors shall be informed of this policy and shall work with the nursing employee to:
  - Provide reasonable break times to express milk;
  - Provide a place other than a bathroom that is shielded from view and free of interruption by coworkers and the public; and
  - Provide access to a clean, safe water source and a sink.
- 2. Supervisors shall ensure other department employees are informed of this policy.