## Grace Center – Casa Rescate Prevention Efforts for Webb County RFP

- Grace Center is committed to having their persons with lived experience (PLE's) going to
  the Webb County Youth Detox Center at least once weekly to give out information to the
  youth at the center on the local resources available to them on prevention of alcohol
  and drugs and also on their Casa Rescate in Treatment program services.
- Grace Center is committed to hosting peer to peer meetings with the youth at the Webb County Youth Detox Center. Grace Center PLE's will act as mentors to the youth to provide support to assist them with their daily drug & alcohol issues. They will provide on-going opportunities to give them advise on how to deal with these issues through faith-based methods.
- Grace Center Casa Rescate will reserve at least two four slots monthly for referrals from the Webb County Detox Center youth for the 24/7 In Treatment facility for any youth willing to voluntarily get faith-based drug and alcohol treatment services. This would be a collaboration with Webb County, and the Texas Emergency Network Diversion (TEND) Court Program for Laredo/Webb County
- Grace Center- Casa Rescate will provide substance and/or mental health advise plus also provide opportunities for the youth to get involved in trades such as electricians, carpentry, air conditioning technicians and other trades. This would be a collaboration with Webb County, and the Texas Emergency Network Diversion (TEND) Court Program for Laredo/Webb County
- Grace Center- Casa Rescate will be able to take the youth from the Webb County Youth
  Detox Center for field trips to provide them enjoyable experiences for growth and
  development.
- Grace Center Casa Rescate will provide opportunities for the youth from the Webb County Youth Center to attend religious services at their discretion.

Grace Center – Casa Rescate proposal is for \$150,000 for providing these services.

WestCare Texas is collaborating with Grace Center – Casa Rescate on the Webb County Youth Center RFP. The following is what WestCare can offer.

WestCare Foundation is proud to offer programs and services across the continuum of health and human services. Every doorway into a WestCare program is designed, not only to lead to solutions for the presenting issue, but, also, to be a first step toward identifying what may be other complicating and co-occurring factors impacting the life of a whole human being. WestCare creates a continuum of person-centered and trauma-informed care within each and

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every one of its programs that is recognized for clinical excellence, coordinated access and collaborative innovation.

The range of WestCare programs across its 17 states, Guam, Puerto Rico, the US Virgin Islands, the Republic of Palau, the Dominican Republic, and the Commonwealth of the Northern Mariana Islands are broad and deep. Evolving from its origins as a single therapeutic community for men addressing drug addiction, today, WestCare provides a myriad of programs for men and women, adolescents and families, and both yesterday and today's veterans. From outpatient and residential programs treating substance use and mental health disorders, to shelters providing services to victims of HIV/AIDS, domestic violence and homelessness, to programs within the criminal justice system, to programs interfacing with and/or incorporating primary care services, WestCare's four decades of growth has been predicated on meeting the need or filling the gap where real people need real help. WestCare is located in 17 states, Guam, Puerto Rico, the US Virgin Islands, the Republic of Palau, the Dominican Republic, and the Commonwealth of the Northern Mariana Islands offering varying levels of the following service domains:

- Treatment & Rehabilitation
- Mental Health & Wellness
- Emergency Support
- Housing Opportunities
- Education & Prevention
- Veteran Services
- Criminal Justice
- Domestic Violence

In December 2016, WestCare Foundation introduced its services to Texas. Through partnerships with various local community entities, we work together in ways that lead to improved behavioral health, empowered and sustained community residents, and reductions in trauma. We provide services in both San Antonio and Laredo, Texas.

WestCare Texas Drug Free Communities Support – Family Assistance & Community Empowerment – Prosperemos Juntos Thriving Together (DFC- FACE-PJTT) Program is proposing the following services for the Webb County RFP to provide mental & substance abuse use support for the youth from ages 12-17 as follows:

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- 1. WestCare DFC-FACE-PJTT is going to be providing on -going bi-monthly or quarterly workshops to the youth at the Webb County Mental Health & Drug Treatment facility located on Hwy 359 in Webb County. These workshops will be coordinated by Mr. Jaime Arizpe who's currently providing on-going consulting services to WestCare DFC-FACE-PJTT program. Mr. Arizpe has over 15 years of experience in providing workshops to professionals and youth in Laredo and Webb County. Mr. Arizpe holds a B.A. in Psychology and Sociology from Texas A&M University in Kingsville Texas. Mr. Arizpe has an ongoing working relationship with the Opioid Response Network to bring either presenters to Laredo or provide virtual workshops through the Microsoft Teams Virtual format. For his services on providing these venues to the youth at the Webb County Youth Facility, Mr. Arizpe will charge a flat fee of 3,750 monthly or \$45,000 yearly.
- 2. WestCare will also hire an Administrative Assistant to provide support to Mr. Roberto Sanchez, the DFC-FACE-PJTT program director and Mr. Arizpe. The yearly salary for this position will be \$35,000 including employees fringe benefits and health insurance.
- 3. WestCare will also be providing the Botvin LifeSkills curriculum which will be also coordinated by Mr. Jaime Arizpe for middle and high school students on a rotational basis by student ages of 12- 14 years old for middle schoolers and high schoolers from 15 18 years old at least twice a year. The materials will be provided by WestCare. The cost estimate for providing the middle and high school Botvin LifeSkills per year will be at a minimum of \$20,000 per year for the materials, pencils and other materials needed for this project.

The total WestCare DFC-FACE-PJTT proposal will be \$100,000 per year for each year for the period of the 3 years of this grant or \$300,000.