



WEBB COUNTY EMPLOYEE
MEDICAL & WELLNESS CENTER

HENRY CUELLAR ROADWAY • LAREDO, TEXAS

OVERVIEW

Webb County employees have access to an employee clinic which specializes in wellness and treatment of minor illnesses and injuries. The clinic will be operated in partnership with Nuestra Salud Clinic to meet employee's needs. There is a \$0 copay per visit and is available to all Webb County Health Insurance participants.

(**Active Employees and their Dependents**)



LOCATION

HENRY CUELLAR ROADWAY

(OFF HWY 59)

LAREDO, TEXAS

Conveniently Located behind Webb County
Road & Bridge Offices



HOURS

Monday

8:00 AM – 12:00 PM

Wednesday

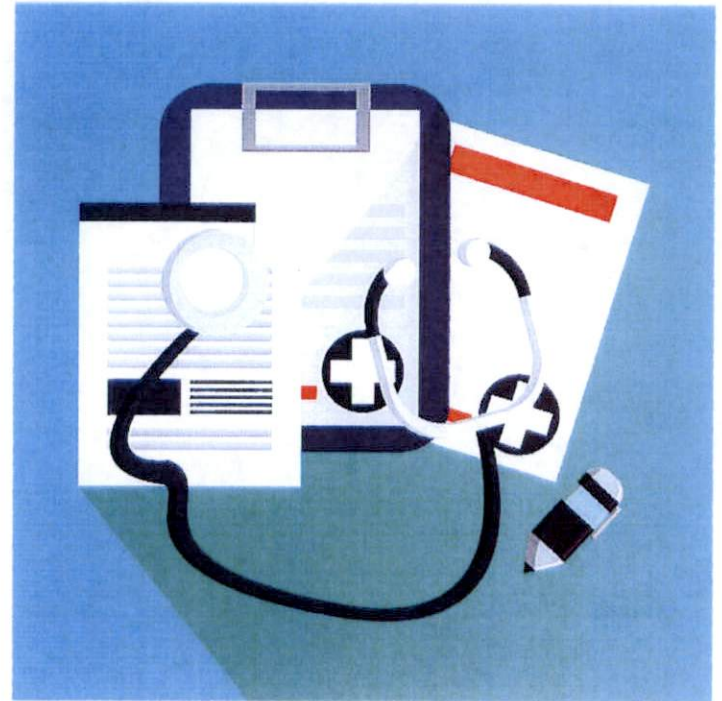
1:00 PM – 5:00 PM

Friday

8:00 AM – 12:00 PM

*Walk-ins Welcome During Operating Hours

-CLOSED ON ALL WEBB COUNTY HOLIDAYS-



SERVICES PROVIDED

Access to Refills

Vaccinations

(COVID-19 & FLU)

Treatment for Minor Health Concerns Such as:

Cold

Cough

Sore Throat

Earaches

Headaches

Back to School Physicals



HYPERTENSION PROGRAM OVERVIEW

Mission: Monitor employees with hypertension by providing blood pressure monitor for daily tracking. Provide medication if necessary and schedule weekly/monthly/ quarterly follow ups. Managing your blood pressure, you are lowering the risk for heart attack, stroke, and other serious conditions. Uncontrolled high blood pressure can be fatal. If you have been diagnosed with high blood pressure,

Employees enrolled in this program will receive an incentive once they have successfully reached their goal/lower numbers and actively participate in the program.



DIABETES SELF-MANAGEMENT EDUCATION & SUPPORT PROGRAM

Mission: Forming healthy habits can be hard without a support system. Whether you are at risk for diabetes, newly diagnosed or have had diabetes for a while, we invite you to be an active participant in your diabetes care. We have developed a program to keep you healthy and feel your best.

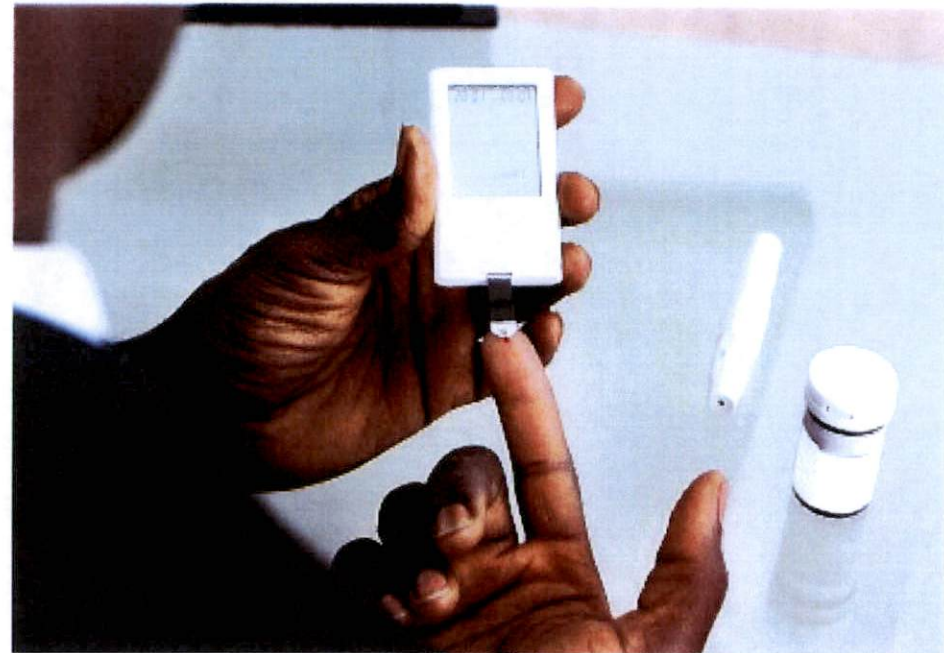
What is Diabetes?

Diabetes is a chronic disease that causes blood sugar levels to rise higher than normal. It affects more than 34 million people in the U.S., and 1 in 4 don't even know they have it. Although diabetes has no cure, prediabetes can be reversed. It's important to know if you have prediabetes so you can prevent it from escalating.

PROGRAM OVERVIEW

Managing your diabetes will help you avoid or delay serious health complications. Knowing how and when to take your medication, how to monitor your blood sugar (glucose), and how to take care of yourself, helps you manage your diabetes better. People who have the knowledge and support to manage their diabetes are healthier than those who do not. Learning how to control your diabetes will save money and time, and help you have fewer emergency and hospital visits.

*** Employees under this program will receive a glucose monitor, lancets, test strips and journal to track daily numbers. Weekly/monthly/quarterly checkups will be suggested depending on the patients' health. Employees enrolled in this program will receive an incentive once they have successfully reached their goal/lowered numbers/actively participate in the program.



HYPERLIPIDEMIAS

A condition in which there are high levels of fat particles (lipids) circulating in the blood.

Examples of lipids include cholesterol and triglycerides. These substances will attach to the vessel walls and restrict blood flow increasing the probability of a heart attack and or stroke.

Hyperlipidemia doesn't cause any symptoms. The condition is diagnosed by routine blood tests which should be conducted in all adults every year during their annual wellness checkup.

Hyperlipidemias most commonly associated with high fats diets, sedentary lifestyle, obesity, and diabetes.

Familial hypercholesterolemia is the most common dominantly inherited genetic disorder in humans worldwide.

Hyperlipidemia is treatable but often a lifelong condition. Prescription medication might be needed in addition to exercise and a healthy lifestyle.

MEDICAL & WELLNESS CLINIC UPDATE

As of 9/10/2021 the clinic has seen 170 patients.

Current top 5 diagnosis are:

1. Streptococcus infection/Upper Respiratory Tract Infection
2. Hypertension
3. COVID-19 Testing and Initial Treatment
4. Diabetes Type II
5. Allergies / Flu Testing

FINANCIAL IMPACT ANALYSIS

- Average cost to see your Primary Care Physician on our AETNA Insurance plan is approximately \$250.00 per patient/per visit. (Does not include Medications or treatment rendered at the office.)

170 patients seen = $170 \times \$250$ / patient

\$42,500.00 is the minimum averted impact on our Self Funded Insurance Plan

- Given no co-pay, no administrative fees for filing a claim, and no payment made to the physician.

*Note that these savings are only annotating consultation services and do not include the additional cost savings provided to employee via injectable medications provided on site.

ANALYSIS CONTINUED

- The continued use of existing resources, secured funding as structured under the Wellness Component, cross training of Risk Management Personnel, and the expansion of additional services to be provided will have no impact on the Webb County Budget as to expense but a tremendous impact on savings to our Health Insurance Fund. The focus of program development is to address employee engagement in maintaining good health, access to preventive programs addressing our 3 principal pathologies, i.e. diabetes, hypertension, and hyperlipidemias. Additional protocols to follow with regards to laboratory studies as additional needs are identified.
- Risk Management will be working in tandem with Webb County Indigent Health Services be it COVID- 19 Testing, Vaccine application, flu shots, with mutual support of the respective programs.

FINANCIAL ANALYSIS

- 22 days of Clinic Operation with a 4 hour per day workday for a total of 88 hours.
- Service provider bills \$100.00 /per hour for a total of \$8,800 paid out to the provider for consultation services provided to the Clinic.

*Notation- fees paid out to the service provider are paid out from the AETNA Wellness fund under two categories- Clinical Operations Support and Employee Wellness Fund. We are in year 1 of the structured health contract Plan with funding to continue for year 2 and year 3.

- Risk Management will continue to fund the employee clinic by the integration of Wellness Protocols/Programs which include not only the medical services being provided but also injectable medications being provided, and will continue to fund the flu vaccine program as headed by County Indigent Health Services.

NEW INITIATIVE

- Risk Management working in tandem with the Webb County Sheriff's Department, Sheriff Martin Cuellar, have started a new initiative. The initiative consists of pairing the Safety Officer and The Worker's Compensation Analyst to review every worker's compensation claim filed reviewing location, root cause, medical treatment, and continued claim management. The Analyst and the Safety Officer are Texas Multi-Line licenses adjusters and will obtain additional statements as needed. Sheriff Cuellar will be advised of claims filed with questionable information and will be working to review so as to address any and all suspicions of possible fraudulent actions. This will be coordinated with the Texas Department of Insurance Fraud Unit, and our Tri-Star Worker's Compensation 3rd party administrator. The focus is treatment to all employees injured, prevention of injury analysis, and an overall reduction in costs.

UPDATE

- Insurance Renewals have been worked on and our USI Broker has advised of sharp increases in premiums given current market conditions. The sharpest increase appears to be in cyber security operations given recent ransom ware attacks.
- Risk Management will also be conducting Electrocardiograms as part of its Wellness program. An EKG instructor/technician and a Clinical Lab Director has been added to the clinic.
- Additional services and or supplies are being added with a principal focus of portability should we have the need to relocate services.

UPDATE CONTINUED

- A review of accessible health services for part time employees and or employees without health insurance indicate the following:
- Average cost for receiving health services are local clinics range from \$79.00 to \$289.00. These fees are for uninsured patients seeking services and do not include ancillary services be it testing and or x-rays, etc.
- With regards to Covid Testing for the uninsured – Local health provider has advised they subscribe to the CARES Act provision and will test free of charge if the patient seeking services will provide the necessary information for the center to file with the government and get a reimbursement code for full payment.

UPDATE CONTINUED

- An Administrative Secretary/Receptionist vacant position for Risk Management as approved by the Court has been selected. The new employee will begin on August 22, 2021. The applicant selected has a Bachelor's in Business Administration Degree with a major in finance. He is a certified teacher and has also obtained a Certificate in International Affairs. Risk Management looks forward to working with him and adding to our specialized processes.
- Property & Casualty Analyst, Ms. Elizabeth Araiza, a 20 year employee will be retiring at the end of the month. We will be redistributing her duties until this position is approved to be filled by the Court.